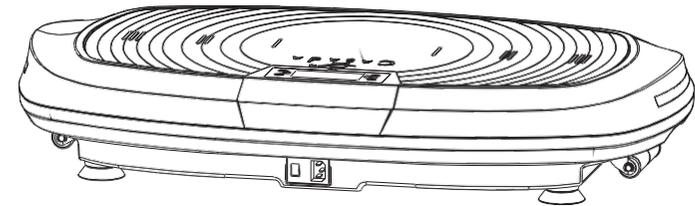


Technical Specifications

Voltage	220-240VAC
Power	200W
Frequency	50/60Hz

MAXX  BOARD



User's Manual

Read the instructions carefully before
using this product

Please read the following instructions carefully before turning on your appliance. The use of this instruction manual ensures trouble-free operation and optimum efficiency.

Save this instruction manual for future use!

Warranties

If the MaxBoard fails within the warranty coverage period stipulated on your invoice, please proceed with the following steps:

- 1- Call the number on your bill to check if a remote repair is possible.
- 2- If necessary, send the MaxBoard to the address indicated on your invoice with the following:

A- Your name

B- Your address (which will be used as a return address) C- Your phone number

D- A copy of your invoice

Note that items A, B and C can be handwritten on a sheet added to the inside of the package and that a \$25 deductible will be required for the repair/replacement of the product.

THIS WARRANTY EXCLUDES:

Any damage caused by abuse, accidents or improper handling or during transport.

Repairs made without authorization.

The unit is not being used as instructions provided.

If the damage fee exceeds the price of the unit.

Deterioration due to improper storage and/or lack of safe precautions at owner's premises.

Failure to provide proof of purchase

Cosmetic damage



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Common Problems and Solutions

	Trouble	Causes	Solutions
1	The product cannot be started.	The plug is not in place.	Insert the socket.
		The switch is off.	Turn on the switch.
		The fuse is blown.	Replace with a new fuse of the same model.
2	Noises are heard during work.	Normal noise generated by the engine or by abrasion between mechanical units.	No additional treatment is required.
3	The controller is activated, but the product is not responding.	The electricity to the batteries has run out.	Replace batteries.
		The controller is too far away from the product.	The maximum distance is 2.5m from the product. Move closer.
4	Sudden shutdown of the device.	The default time has elapsed.	Restart after 10 minutes of interval.
5	No operation possible.	Too many orders sent to the product and they can't be answered in time.	Turn off and restart the device.

Safety Precautions and Operating Environment

Do not use the product in a damp or dusty environment to avoid electric shock or breakage of mechanical parts.

Do not use the product when the indoor temperature is above 40°C.

Do not use the product in the open air or under direct sunlight. Please place the product on a flat floor.

Wait one hour before using the product when it changes from low to high temperature, to prevent water vapor from settling on the machine and causing failure.

The use of the product is not recommended for people who are in the following conditions. It is strongly advised to consult your doctor before using the product.

- Patients who are undergoing treatment or who are not feeling well;
- patients with malignancy;
- Pregnant women;
- People with pacemakers or other medical electronic devices;
- People with an artificial limb;
- People who are sensitive to vibrations and intense physical exercise.

® Notes during use

Before use, please remove watches, bracelets, mobile phones or other valuables, as well as keys, knives or other incisive objects, to avoid damage or personal injury.

Do not smoke while using the product.

Do not use the product at the same time as other medical equipment. Do not use the product for medical treatment.

Do not use the product immediately after a meal or drink.

During use, please keep children and pets away from the product.

It is forbidden to put fingers or other foreign objects in the space between the center cover and the base cover.

Children under the age of 10 and those over the age of 60 should be supervised while using the product.

The load capacity of the product is 100 kg; It is not recommended for people over this weight to use the product.

This product can only be used by one person.

Warning

Dismantling, disassembly or unauthorized repair is prohibited in order to avoid any risk of electric shock or malfunction. Please contact the local manufacturer or dealer immediately if any maintenance work is required.

Stop using the product under the conditions below, then turn it off and unplug it from the power supply.

- Water or other liquid is accidentally sprayed onto the product or controller.
- An accessory is damaged or an internal component is exposed to abnormal or severe pressure during use.
- Power outage.

Plug and power cord

Verify that the voltage is in accordance with the voltage specified for the product. Do not handle the power cord with wet hands to avoid the risk of electric shock. Hold the end cap of the cord rather than the power cord to remove the power cord.

In the event of a power failure or prolonged non-use, turn off the switch and disconnect the cord end cap from the power supply.

Stop using the product if the power cord is damaged, turn off the switch, unplug the cord, and contact a technician for repair.

Care & Storage

Surface Cleaning

Before cleaning, make sure the power switch is off and the connection plug is removed from the outlet.

The foot pedal and rubber covers can be cleaned with a damp cloth containing detergent, and the detergent should be removed with a cloth.

Notice

Do not clean the product with a corrosive detergent such as benzene or thinner, as this may cause discoloration, corrosion, or cracking on the product. Do not splash the product with water to avoid short circuits.

Controller

A damp cloth can cause the controller to malfunction, so only a dry cloth can be used.

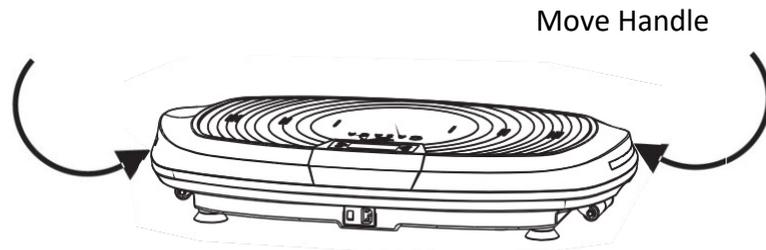
Storage & Maintenance

Make sure the switch is off and the plug is disconnected from the power supply.

Clean dust and dirt from the product and keep it clean and away from places where the temperature or humidity is high.

If the product is not used for a long time, a dust cover (to be purchased yourself) should be applied to the product to prevent dust penetration.

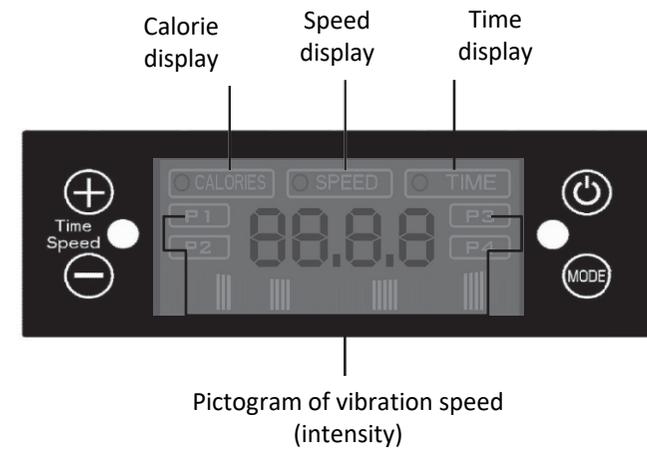
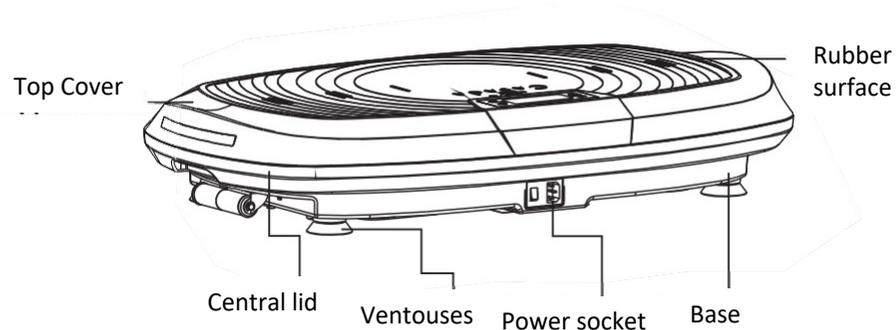
Displacement Wheel



After unplugging the device, you can move it by tilting the device to the side, taking the travel handle. Since the device has suction cups, you need to pull enough to get them off the ground.

Product Name & Function

- Top Cover
- Central lid
- Base
- Rubber surface
- Power socket
- Suction cups



Power

Press this button to start the machine.

Mode

Press this button repeatedly to select the automatic program of your choice: P1: Slimming, P2: Toning, P3: Muscle mass. When you have selected your program, press the mode button one more time. You won't be able to change the time or speed.

Speed/Time+

Increases speed or time in manual mode.

Speed/Time-

Reduces speed or time to manual mode.

Calories

Count the calories burned during the workout. It is a guide and is not 100% representative due to many variations between individuals.

Speed

Indicates speed (1 to 20)

Time

Indicates how long you train.

Remote



Power. Press this button to start the machine.

Start (arrow pointing to the right). Press this button to start the movement..

Time- Reduces Time: The default time is 10 minutes, divided into 20 speed levels. Press this button to reduce the time.

Speed+ Increases speed between 1 and 20. Press this button to increase the speed when the unit is running.

Time+ Increases Time: The default time is 10 minutes, divided into 20 speed levels. Press this button to increase the time.

Speed- Reduces speed between 1 and 20. Press this button to reduce the speed when the unit is running.

M Quick button for speeds 16, 10 and 6. Press once for level 6, twice for level 10, and three times for level 16.

P By default, the device is in manual mode. Press this button to place the device in automatic mode. Press the button repeatedly to select from programs 1, 2 or 3. Automatic modes do not allow you to select speed or time.

Note. The controller must be at a maximum distance of 2.5 meters. The infrared light from the controller should always point at the device.



Bluetooth pairing

Open the device you want to connect, look for the Bluetooth function, pair the device and play your music.

Usage

1. Stand upright on the device with both legs shoulder-width apart. This position works your waist and buttocks, reduces pressure on your hips and sculpts your waist.
2. Position yourself on the device with your feet shoulder-width apart and your knees bent. This position works your thighs and reduces inflammation in your legs. It increases blood circulation and reduces fat accumulation.
3. Sit in a chair or couch and place only your feet on the device. This position allows you to work your thighs and calves.
4. Sit on the floor and place your calves on the device. This position works your legs.
5. Place your knees on the floor and your hands on the device. Walk over the top of the device. This position works your shoulders and arms.



Functions & Features

Body Beauty: Through restful and high-frequency vibrations and rocks, combined with various exercise postures, this device can deeply stimulate muscle tissue, reduce fat accumulation, rehabilitate muscle elasticity, sculpt a beautiful body shape, and then viralize users and give them self-confidence.

Exercise: Borrowing health and fitness ideas from traditional Chinese culture such as kung fu, Buddhism, and Taoism, this device advocates passive exercise, which allows you to exercise indoors in a relatively static manner in order to relax the body and mind, relieve aches and pains, Eliminate fatigue and improve internal circulation, making you stronger and healthier.